Rabindra Mahavidyalaya Champadanga, Hooghly



Metric No. 3.4.1

Outcomes of Extension activities in the
Neighbourhood Community in terms of Impact
and Sensitizing the Students to Social Issues for
their Holistic Development during the Last Five
Years





Extension Activities

Rabindra Mahavidyalaya

2018-2019 to 2022-2023



Social Outreach



Environmental Awareness



Women Empowerment



Placement Orientation



Water and Sanitation



Motivational Programme



Inculcating Scientific Knowledge



Skill Development



Career Counselling





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Initiatives

The institution participates in a number of community outreach programs through its Departments, NSS, NCC, Women's Cell, Cultural Subcommittee, and Nature's Club in an effort to raise social consciousness and support students' overall growth.

Community Service: In neighbourhoods where the impoverished reside, the Women's Cell and NSS units organise volunteer projects. These include campus clean-up campaigns, reading campaigns, health screenings for girls, blood donation drives, and tree planting campaigns. To encourage socialisation and a sense of community, a few departments host community lunches for staff and students.

Awareness Campaigns: The Nature's Club of our institution organises eco-drive events such as celebrating Tree Plantation Day, World Environment Day, World Water Day, International Girl Child Day, Ban Plastic Campaign, Water Preservation Campaign, and awareness rally to promote environmental awareness regarding protection of trees, and natural resources, etc.





Additionally, awareness programmes like raising slogans, poster competition, webinar, and so on are organized to address various social issues such as mental health, women's hygiene, COVID awareness, women's protection, and gender gaps among the students.

An awareness rally to the local temple to preserve intangible heritage resource by the Humanities department adds another feather to the College's extension activities.

Cultural Events: A variety of cultural events, including inter-school exhibitions, inter-departmental model exhibitions, and yearly festivals, are planned. The college organizes Students' week, Science week each year to inculcate scientific knowledge among the students.

Philanthropic Activities: The organization frequently plans philanthropic activities for charitable purposes. COVID relief among the localities, cloth distribution among the slum dwellers are some of them.

Facilitation Activities: Conducting a field based offline survey to facilitate the UGC initiative with an aim to analyze the impact of the dreadful Covid 19 pandemic on the social, mental, and economic well-being of the mass population of Champadanga and adjoining areas of Tarakeswar has been considered as one of the significant facilitation ities during COVID outbreak.

Impact:

These extension initiatives have substantial effects. Students grow into engaged citizens with a stronger sense of social responsibility. Pupils get more knowledge about the social issues affecting their community and work to find solutions. Through these activities, they also acquire important life skills that they may apply in both their personal and professional lives, such empathy, teamwork, and leadership.

Outcome of the initiatives:

Most of the initiatives have gained huge positive vibes among the students as well as in the locality. Students can develop sympathy for people in need and an understanding of the need of giving back to society through community service.

Students become cautious about societal and environmental issues and participate in community service to raise awareness. Students learn about their role in creating a better society through interaction during the sessions.

Students also pick up vital abilities like cooperation, leadership, and communication. Cultural events, philanthropic activities, and awareness campaigns help them develop intercultural competency, sympathetic attitude and an appreciation of the variety within the community. It helps development a sense of honour and respect for their native culture.







Sl. No.	Name of the Activity	Organising Unit	Date of the Events
	2022-23		
1	Drama performance by students to highlight negative impacts of patriarchal society	Department of Bengali	November 9, 2022
2	Initiative of women Financial empowerment	Rabindra Mahavidyalaya	Golden Jubilee
3	Inter-School Science Model Exhibitions	Rabindra Mahavidyalaya	Golden Jubilee
4	A Training & Development Programme for the designated job profile of Front Office Associates	Placement Cell & OPTAAMAZE CORPORATE SOLUTION PVT. LTD.	December 21, 2022
5	Celebrating Students' Week	Rabindra Mahavidyalaya	January 2-7, 2023
6	Awareness generating Poster Competition	NSS Unit	January 6, 2023
7	Blood Donation Camp & Thalassemia Awareness	NSS Unit	February 10, 2023
8	Celebrating National Science Day as the session of AZADI KA AMRIT MAHOTSAV	Department of Physics	February 28, 2023
9	Special Lecture on "Socio-Ecological Balance in Sundarbans-A Field Based Experience"	Department of Geography	March 15, 2023
10	Special Camp	NSS Unit	March 20-26, 2023
11	Celebrating 'World Planting Day'	Nature's Club & NSS Unit	March 21, 2023
12	An awareness rally to address the water and sanitation problem	NSS Unit	March 22, 2023
13	Raising awareness of the value of mangroves among students and the local population	Department of Geography	April 9, 2023
14	Community Lunch	Department of English	May 27, 2023
15	Movie Show to spread awareness on sexual harassment	Department of English	May 27, 2023



Continued....

	2022-23				
Sl. No.	Name of the Activity	Organising Unit	Date of the Events		
16	Cleaning of the College campus	Nature's Club & NSS Unit	August 17, 18, 2022		
	One week plantation programme (Banamahotsav)	TVSS GIM			
	Enhancing eco-awareness by preparing slogans				
17	Preserving intangible heritage of the locality	Heritage Cell	August 27, 2022		
18	Five days' Placement Orientation Programme	Placement Cell	3rd & 4th week of August, 2022		
19	Cleaning of College Campus	NSS Unit	November 7, 2022		
Sl.	Name of the Activity	Organising	Date of the		
No.	rame of the feetivity	Unit	Events		
	2021-22				
20	Programme on gender equity	Women's Cell	March 8, 2022		
21	Mental Health Counselling	IQAC and WHY (A Non-profit Organization)	April 2022 onwards		
22	Career counselling of school students of rural catchment areas	Department of Geography	April 28, 2022		
	Cleaning of College campus				
	Proper maintenance of plants within college campus	Nature's Club	July 28, 2021		
23	Restoring the plants after the Amphan and Yash				



Continued....

Con	diffucu			
Sl. No.	Name of the Activity	Organising Unit	Date of the Events	
	2020-21			
24	Facilitation of COVID-19 Pandemic Awareness study to support UGC initiative	IQAC, Rabindra Mahavidyalaya	June 25, 2020 – June 29, 2020	
25	Introducing RMV Online Portal to facilitate the online study of students during COVID	Central Library and IT Sub Committee, Rabindra Mahavidyalaya	June 2020 onwards	
26	Webinar of COVID awareness among pupils	Department of Botany & IQAC	June 26, 27, 2020	
27	Webinar on Women Hygiene	Women's Cell	March 8, 2021	
Sl. No.	Name of the Activity	Organising Unit	Date of the Events	
	2019-20			
28	Tree Plantation Programme	Nature's Club & NSS Unit	July 20, 2019 to July 26, 2019	
29	Maintenance of Medicinal Garden			
30	Eco-awareness Seminar	Nature's Club	August 1, 2019	
31	Seminar 'Jol' of water resource management	Nature's Club	August 20, 2019	
32	Distribution of clothes to the marginal people	Women's Cell	September 30, 2019	
33	Organizing seminars "Beti Bachao Beti Padhao" for generation of awareness regarding issues of girls and women	Women's Cell & NSS Unit	January 24, 2020	
34	Awareness of Dengue and Preventive Measures	NSS Unit	March 3, 2020	



Continued....

Sl. No.	Name of the Activity	Organising Unit	Date of the Events
	2018-19		
35	Girl students' Motivation Programme on the occasion of International Women's Day	Women's Cell	October, 10, 2018
36	Raising Slogan for joining hands for women's protection	Women's Cell	November 30, 2018
37	Preservation of Natural Resources and Conservation of Cultural/Historical Heritage	Special Camp by NSS Unit	March 11, 2019 to March 17, 2019
38	Blood Donation Camp	NSS Unit	March 19, 2019
39	Distribution of clothes to the marginal people	Women's Cell	March 29, 2019
40	Cleaning College Campus	Nature's Club	December 11, 2018
41	Eco-drive by implanting saplings, sustaining medicinal plants within the medicinal garden	Nature's Club	December 12, 2018

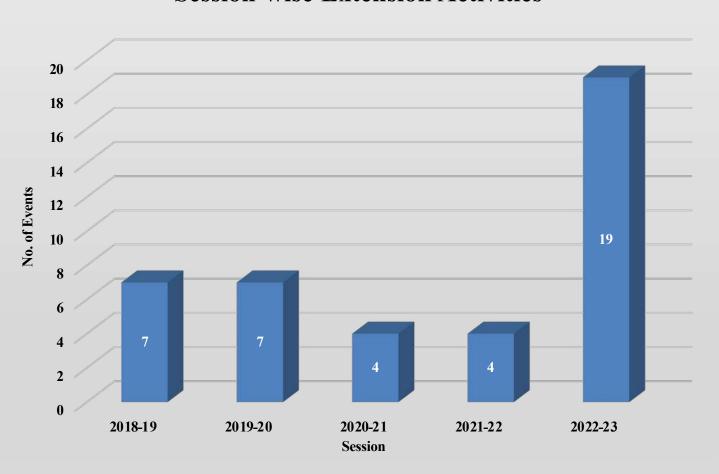




Rabindra Mahavidyalaya Champadanga, Hooghly



Session-wise Extension Activities







Name of the Programme	Drama performance by students to highlight negative impacts of patriarchal society
Organizing Unit	Department of Bengali, Rabindra Mahavidyalaya
Date:	November 9, 2022
Event category	Social Outreach Programme
Brief Report	The Department of Bengali performed a drama titled "Aparajita" for the students participating in the Golden Jubilee celebration on the College campus on November 9, 2022, to highlight the negative impacts of patriarchal society on their everyday life. Most middle-class and lower-class females nevertheless experience "double disadvantage" (gender and belonging to lower-strata of the society) situation at their home because of their rural upbringing and gender, making them members of the social lower echelons of society. In Indian rural families, gender-specific intrahousehold allocation of resources manifest within the patriarchal set up which the girls face as they grow up; as it is commonly acknowledged that the son is expected to run the household in future and the daughter will be married and sent to another family.





Name of the Programme	Promoting financial awareness among the girl students
Organizing Unit	Nature's Club
Date:	Golden Jubilee Programme (November, 2022)
Event category	Social outreach programme
Brief Report	One of the gender-centric flavours in the Golden Jubilee Celebration included the Food and Handicraft stalls organized by the students. It's a perfect execution of promoting financial empowerment among the undergraduate students across both genders. In the process of organizing the stalls, the students made smart financial decisions and this inculcated good habits like preparing a budget, calculating market risks, calculating profit, marketing skills, and keeping track of the sales and profit. Beyond instilling basic financial skills and habits, it was noted that the students fostered a strong sense of empowerment, self-confidence, and teamwork during the process of organizing the stalls.







Name of the Programme	Inter-School Science Model Exhibitions and Competitions
Organizing Unit	IQAC, Rabindra Mahavidyalaya
Date:	Golden Jubilee Programme (November, 2022)
Event category	Social Outreach Programme
Brief Report	With a view to encouraging, popularising, and inculcating scientific temper among the students and local community as well as contributing towards a holistic growth, the College organizes science model exhibitions every year. Here students from different departments showcase their talents in Science and the applications in different areas related to our everyday lives. During the Golden Jubilee Celebration, special model exhibition competitions were organized. In order to ensure the widest possible participation and involvement of students of the college and schools situated nearby the College in the programme, the College organised the exhibition in two phases.









Glimpses of Cultural Programmes organized by the Colle















Name of the Programme	A Training & Development Programme for the designated job profile of Front Office Associates
Organizing Unit	Placement Cell, Rabindra Mahavidyalaya
Date:	December 21, 2022
Event category	Social Outreach Programme
Brief Report	A programme of Placement Cell occurred in the institution in collaboration with OPTAAMAZE CORPORATE SOLUTION PVT. LTD. , Mudra, Sankarhati, Bakura – 722101, a Deen Dayal Upadhyaya Grameen Kaushalaya Yojana (DDU-GKY) accredited company in the education sector. The Placement Cell organized A Training & Development Programme for the designated job profile of Front Office Associates to facilitate & promote our passed students regarding their Career counselling & job opportunities. Another motto of the programme was to make them understand the present job markets across the country; and to aware regarding designated job profile of Front Office Associates. Around 30 students joined to this programme. The female graduates participated more than male graduates in this programme.

Rabindra Mahavidyalaya Champadanga, Hooghly PIN-712401

Dota: 20.12.2022

Notice

The Heads of the Departments (HODs) as well as the Teachers of this institution are hereby informed that in collaboration with the Placement Cell of this College, OPTAAMAZE CORPORATE SOLUTION PVT. LTD., Mudra, Sankarhati, Bakura – 722101, a Deen Dayal Upadhyaya Grameen Kaushalaya Yojana (DDU-GKY) accredited company in the education sector having its head office at G-53, 2nd Floor, Masjid Moth, Greater Kailash, Part-2, New Delhi, Delhi-110048 is organizing a Training and Development Program for the passed out students for the designated job profile of Front Office Associates. The details of the job profile and the documents of the students required for attending the said Training Programme are attached herewith.

The Heads of the Departments (HODs) as well as the Teachers of this institution are requested to inform their passed out students as early as possible.

Date of Programme: 21.12.2022 (Wednesday)

Time: 01:30 p.m.

Venue of Programme: Room No.: 48.



Convenor, Placement Cell





Name of the Programme	Five Days' Placement Orientation Programme
Organizing Unit	Placement Cell, Rabindra Mahavidyalaya
Date:	3 rd and 4 th week of August, 2022
Event category	Job oriented Programme
Brief Report	With an aim to spread awareness among the students about the placements opportunities; to counsel them regarding their suitable jobs; to make skilled in English learning and employability; and to inform them about employment and certification courses of Banking, Financial Services and Insurance in Bajaj Finance, the Placement Cell & Linkage, Rabindra Mahavidyalaya, Champadanga organized Five days' Placement Orientation Programme on 3rd & 4th week of August, 2022. The collaborating partners of this five days' long programme were 19th Hole Academy, Arambagh, JIS Foundation, Kolkata, Netaji Subash Foundation and Tarakeswar School of Hotel Management, Tarakeswar, Hooghly, George Telegraph, Kolkata, Centum Learning Ltd., Institute of Company Secretaries of India (ICSI), EIRO.

Champadanga, Hooghly

PIN- 712401

Date: 12.08.2027

Notice

All the present and passed-out students of the college in the B.A., B.Sc. and B.Com. (Hons, & Gen.) courses are hereby informed that keeping in tune to the on-going Golden Jubilee Programmes organized by the Golden Jubilee Committee of the College, the Placement Cell of the College is going to organize a five days' Placement Orientation Programme during the 3rd and 4th week of August, 2022 as scheduled in the following table. You all are directed to register for the programmes in the Google Form link given below and attend the same at the College Campus (Room No. 48) in the scheduled dates.

Sl. No.	Particulars of Placement	Collaborating Partner	Date
1.	Media and Animation Courses	The 19TH HOLE Academy, Arambagh	16.08.2022
2.	Hotel Management and Automobile Service Technician	JIS Foundation, Kolkata	17.08.2022
3.	Career Fair	Netaji Subash Foundation and Tarakeswar School of Hotel Management, Tarakeswar, Hooghly,	17.08.2022
4.	English Learning and Employability	George Telegraph, Kolkata.	22.08.2022
5.	Employment and Certification Courses of Bankng, Financial Services and Insurance in Bajaj Finserv	Centum Learning I.td.	24.08.2022
6.	Career Counseling on Jobs prospects as Company Secretary	Institute of Company Secretaries of India (ICSI), EIRO	26.08.2022

Link for Registration:

https://docs.google.com/forms/d/e/1FAlpQLSc27ilb90uTSd-DS_pOUhonae6an3eB2BQNmdjFe-cm-VZIMg/viewform?usp=sf_link







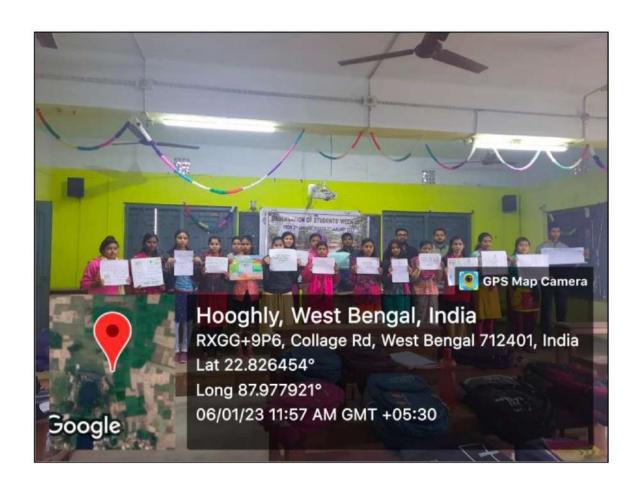
Name of the Programme	Medical Check up
Organizing Unit	Rabindra Mahavidyalaya
Date:	January 6, 2023
Event category	Celebrating Students' Week
Brief Report	On the occasion of Students' Week on 2023, a Medical Camp was conducted for students' health check-up. Several health parameters, viz. blood pressure, height, oxygen level, were measured for the students.







Name of the Programme	Poster Competition
Organizing Unit	Rabindra Mahavidyalaya
Date:	January 6, 2023
Event category	Social Awareness Programme
Brief Report	On the occasion of Students' Week on 2023, a poster making competition was conducted for girl students with the theme of the benefits they receive from various Government schemes, especially Conditional Cash Transfer Scheme.







Name of the Programme	Blood Donation Camp
Organizing Unit	Rabindra Mahavidyalaya
Date:	February 10, 2023
Event category	Awareness Programme
Brief Report	A blood donation camp was organized by our NSS units in collaboration with the students union of the college on 10th February 2023 at college campus, through which total 30 units of blood donated by both students and the staff members of our College. Our principal sir encouraged all the donors and he also thanked all the donors for the noble steps they have taken.









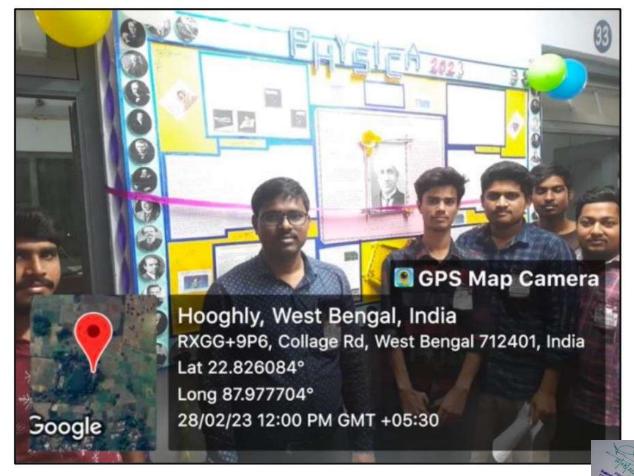
Name of the Programme	Thalassemia Awareness Programme
Organizing Unit	Rabindra Mahavidyalaya
Date:	February 10, 2023
Event category	Awareness Programme
Brief Report	Thalassemia is an incurable disease. Only awareness may help us to protect ourselves from this curse of the society. Therefore the NSS units of Rabindra Mahavidyalaya organized a Thalassemia Awareness Camp in Rabindra Mahavidyalaya in association with the Bishnupur Thalassaemic Guardian Society, Bishnupur. Our honourable Principal Dr. Prasanta Bhattacharyya has inaugurated the programme with welcome of the chief guest and discussed about some important point about the Thalassemia. Then the chief guest Sri Prabir Sen gave a speech on the said topic.







Name of the Programme	Celebrating National Science Day as the session of AZADI KAAMRIT MAHOTSAV
Organizing Unit	Department of Physics, Rabindra Mahavidyalaya
Date:	February 28, 2023
Event category	Science Awareness Programme
Brief Report	The Department of Physics at Rabindra Mahavidyalaya celebrated National Science Day as the ending session of AZADI KA AMRIT MAHOTSAV. Integrated Approach in Science and Technology for Sustainable Future' was the theme of this year's National Science Day. On this occasion, the department published their Departmental Wall Magazine 'PHYSICA' and conducted a seminar on 'Use of Scientific knowledge on our day-to-day life'. The retired Professor of the College Mihir Kumar Ghosh was invited to deliver the lecture; the Principal Sir inaugurated the programme.





Name of the Programme	Special Lecture on "Socio-Ecological Balance in Sundarbans-A Field Based Experience"
Organizing Unit	Department of Geography
Date:	March 15, 2023
Event category	Social Outreach Programme
Brief Report	The institution's Department of Geography presented a Special Lecture on "Socio-Ecological Balance in Sundarbans-A Field Based Experience" on 15 March 2023, featuring Mr. Umashankar Mandal, also referred to as "Mangrove Man." During his talk, he discussed how the Sundarbans, the world's biggest mangrove forest, are crucial in protecting the greatest delta from numerous natural disasters. The Sundarbans are covered in 26 different species of Mangroves that both protect the forest's biological equilibrium and act as a tall barrier against storms that threaten the Bay of Bengal coast. Both the teaching faculty from the Bio-Science streams and the students benefited from his firsthand, real-world expertise. During his presentation, he showed the scorching images of Alia and its catastrophic consequences on the Sundarbans common people's way of life. This definitely made the students more aware and sensitized regarding nature, livelihood vulnerability and related risk-coping challenges.









Name of the Programme	Special Camp
Organizing Unit	Department of Geography
Date:	March 20-26, 2023
Event category	Social Outreach and Awareness Programme
Brief Report	The 7 days NSS special camp was conducted by Rabindra Mahavidyalaya, Champadanga NSS units on 20th march to 26th march 2023 at college campus. The seven days of the camp were divided into various sessions like motivational speech, yoga and its benefits, Bratachari, cultural programme, health awareness programme by Dr. Prakash Mallick, seminar -on prevention of Sickle Cell Disease, awareness in blood donation, homeopathy camp, campus cleaning etc. The students actively participated in the campaign. NSS programme officers took great efforts to conduct the programme smoothly.









Name of the Programme	Celebrating World Planting Day
Organizing Unit	Nature's Club and NSS Unit
Date:	March 21, 2023
Event category	Environmental Awareness Programme
Brief Report	An awareness rally was organized on 21/03/2022 by Nature's Club in collaboration with NSS units of College to motivate students and local people regarding afforestation. The aim is to inculcate the idea of possible effects that have arisen due to cutting of trees.









Name of the Programme	Awareness rally to address water and sanitation problem
Organizing Unit	Nature's Club and NSS Unit
Date:	March 22, 2023
Event category	Environmental Awareness Programme
Brief Report	An awareness rally to address the water and sanitation problem on the occasion of the World Water Day was organized by Nature's Club in collaboration with NSS units to motivate students and local people regarding proper cleaning and preventing the wastage dumping within water bodies. Cleaning of college campus, especially the large pond at the centre of the College campus as well as ponds of surrounding locality included as another motto of the programme. A seminar session was also fruitful in generating awareness among the students regarding water and sanitation issues. Principal Sir gave a keynote address to the topic. Other club members gave their valuable speech to the audience.









Name of the Programme	One week Plantation Programme by celebrating Banmahotsav
Organizing Unit	Nature's Club and NSS Unit
Date:	August 17 - 18, 2022
Event category	Environmental Awareness Programme
Brief Report	Groups of students were made to conduct various programmes by
	the Nature's Club and NSS units. Students participated in the Tree
	Plantation Programme, a venture stated by Forest Division and was
	organised under the common platform of Nature's Club with NSS
	units on 17.08.2022 and 18.08.2022. Survey of the plants with
	proper restoration measures were performed from time to time.
	Students prepared posters related protection of trees, protection of
	natural resources, stop pollution etc. to generate mindfulness
	among the common people.









Name of the Programme	Raising awareness of the value of mangroves among students and the local population
Organizing Unit	Department of Geography
Date:	April 9, 2023
Event category	Environmental Awareness Programme
Brief Report	The Indian Sundarbans (4263 km2) is the largest delta in the world. Each year, several cyclonic storms hit Sundarbans and severely damage mangrove vegetation, households, livestock and agricultural fields. The Department of Geography, in partnership with Purbasha Eco Helpline Society , planted mangrove in the Chargheri areas of South 24 Parganas, Indian Sundarbans, to safeguard the mangroves from natural catastrophes and to raise awareness of the value of mangroves among students and the local population. Although it was just the beginning for the students, the mangrove plantation gave the local rural population a wider range of employment opportunities . In West Bengal's rural areas, it will also support the advancement of women's empowerment .



Name of the Programme	Community lunch
Organizing Unit	Department of English
Date:	May 27, 2023
Event category	Social Awareness Programme
Brief Report	With an aim to eradicate the difference among themselves on the basis of caste, creed or religion, the Department of English organized a community lunch for all teaching staff and students of Semester VI (Hons.) on 27th may, 2023 from 3.30 p.m. to 4.30 p.m. The main slogan of the programme was "Sharing meals bring people together, promote socialization, and foster a sense of belonging". The programme ensured that all students received a nutritious meal regardless of their socio-economic background. It also assured that when students from different cultures come together to share food, it can be a great way to learn about and appreciate each other's cultures. Undoubtedly, the programme carried a holistic approach by bringing all students under one umbrella. A number of 52 students (Male:14, Female: 38) participated in the programme.





Name of the Programme	Movie show to spread awareness on sexual harassment
Organizing Unit	Department of English, Rabindra Mahavidyalaya
Date:	May 27, 2023
Event category	Social awareness programme
Brief Report	the Department of English of Rabindra Mahavidyalaya organized a movie show "Sirf Ek Banda Kaafi Hai" with an aim to spread awareness on sexual harassment among the pupils. Since the said film is a powerful tool for raising public awareness and sensitization to social issues, it assisted the students in becoming aware of the pressing problems facing society. A number of 52 (Male: 14, Female: 38) students were present to watch the movie show. All the teachers of the department were present that day to monitor the entire programme.









Name of the Programme	Preserving intangible heritage of the locality
Organizing Unit	Heritage Cell, Rabindra Mahavidyalaya
Date:	August 27, 2022
Event category	Social Outreach Programme
Brief Report	INTACH (Indian National Trust for Art and Cultural Heritage), an All India based Heritage Non-Government Organization, working on heritage preservation all over India inspired the History Department to form a Heritage Cell in the institution. Champadanga and it's circumference has a rich architectural heritage. The locality has so many terracotta temples of middle age. One of those temple is situated just within 200 metres of the College. On this occasion, the Cell has organized a rally on 20.03.2023 to the said temple. The cell members and around 42 students from the History and English Department have taken part in the rally. Students and volunteers gathered information about the temple. Teachers and students talked to the local people and convinced them regarding the importance of conservation of the temple because that temple is a heritage. The temple is now in a dilapidated condition. The temple's frontside is decorated like ornament with beautifully minutely carved at least 50 terracotta plates with <i>shivalinga</i> 's different motifs and <i>Vishnu Dashavataras</i> , and various daily life activities of medieval Bengal.





Event Report Details Session: 2021-22

Name of the Programme	Programme on Gender Equity
Organizing Unit	Women's Cell
Date:	March 8, 2022
Event category	Awareness Programme
Brief Report	"Break the Bias" - following this slogan the International Women's Day in the year 2022 was celebrated by the Women's Cell of the College. The cell members arranged a programme following the International Women's Day theme to move towards a bias free gender equal world to make our girl students aware of the domestic violence and how to tackle this problem and how women can protect themselves from harassment in workplaces. The main speaker of the day was Ms. Rangta Munsi, a renowned Lawyer, Human Rights activist and Member, APDR. MS. Ms. Munsi advised the girl students how to tackle with domestic violence, where and how to complain, and also harassment of female staff in workplaces and its solutions.







Name of the Programme	Mental health counselling
Organizing Unit	IQAC and WHY (A Non-profit Organization)
Date:	April 2022 onwards
Event category	Counselling
Brief Report	The teenagers who were under lockdown or were affected by the COVID- 19 epidemic carried both short-term and long-term psychological and mental health problems. Keeping their mental health condition in mind, our institution organised a programme titled "Developing Mental Health and Social Awareness Programme for current Generations" just after reopening of the College under the aegis of the Internal Quality Assurance Cell (IQAC) and Women's Cell of Rabindra Mahavidyalaya in collaboration with WHY (Wellbeing and Happiness for You), an independent and non-profit making Organization accredited by The National Council of Education, Bengal (NCEB) addressing the social and cultural backdrop of mental health and developing timely social awareness about the challenges posed by the Covid- 19 pandemic in a series of one-to-one counselling.



School of Counselling & Promotion of Wellbeing National Council of Education, Bengal (Parent body of Jadavpur University)

Report of internship held at Rabindra Mahavidyalaya, Champadanga

Post Graduate Diploma in Person Centre Counselling and Holistic Well-being conducted by National Council of Education conducted an internship program for its 7th batch students on and online platform for Champadanga College. First of all we would like to convey our heartfelt gratitude to Dr Susmita Sengupta and the authorities of the concerned College for giving us the opportunity to successfully conduct the internship program in a time when most of the educational institutes where closed down due to COVID 19. The students who had completed their course and passed the written and Practical Examination were allotted students from Rabindra Mahavidyalaya, Champadanga for counselling.

The students from the post graduation course interacted with the students of Rabindra Mahavidyalaya who needed counselling. Most of the students successfully completed the internship program. The interaction where held regularly once a week and both the counsellors and clients benefited by the interactions.

Students from Rabindra Mahavidyalaya had reported that they received a safe space where they could share their problems without being judged. The students where able to share their problems through the counselling process and most of them where able to come out off the situation or handle the situations in a better way.

The common problems that the students shared with their counsellors were lack of focus, low confidence, family problems, relationship issues, anxiety about their future to mention a few.

We at National Council of Education, Bengal would like to continue this liaison for future too.

Swate Roychoully

Dr Sujata Roy Choudhury

Coordinator P.G. Diploma

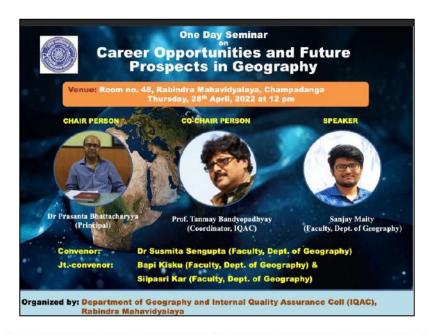
In Person Centred Counselling

And Holistic Wellbeing





Name of the Programme	Career Counselling of rural school students of surroundings
Organizing Unit	Department of Geography
Date:	April 28, 2022
Event category	Counselling
Brief Report	The career counselling and training programme of the Department of Geography, Rabindra Mahavidyalaya was introduced to help school-students at elementary and secondary grade channel their abilities towards useful goals and make wise career decisions in the field of Geography.









Name of the Programme	Proper maintenance of plants and their restoration after <i>Amphan</i> and <i>Yash</i>
Organizing Unit	Nature's Club
Date:	Winter, 2021
Event category	Beautification of campus
Brief Report	After the COVID scenario, an attempt was made by Nature's Club to maintain its gardens within college premises to provide a blissful eco-friendly approach. Students were informed to practice best hygiene practices by following COVID protocols. No-mask, no entry was propaganda was communicated within the students. A group of students along with the teaching and non-teaching staff members under Nature's Club in collaboration with NSS units of College is organised to deal with the proper cleaning, maintenance and naming of the plants within the College campus.







Event Report Details Session: 2020-21

Name of the Programme	Facilitation of COVID-19 Pandemic Awareness Study to support UGC Initiative
Organizing Unit	IQAC, Rabindra Mahavidyalaya
Date:	June 25-29, 2020
Event category	Awareness Programme
Brief Report	To analyze the impact of the dreadful Covid 19 pandemic on the social, mental, and economic well being of the mass population of Champadanga and adjoining areas of Tarakeswar, a survey was conducted based on study using both online structured questionnaire and offline field interview that revealed the level of awareness amongst the rural population of Tarakeswar region of Hooghly district of West Bengal. The survey showed findings in the areas mentioned below: The respondents comprised of mainly young aged persons with variable basic education and economic background. Awareness level regarding using different precautionary measures as prescribed in the guidelines of WHO was found to be diverse with some believing in maintaining all precautions while some showing total ignorance. Acceptance of lockdown as the only indispensable measure to combat Covid-19 pandemic was also partial as facing hunger was considered as more dreadful event that pandemic.





















Link to View of videos:

https://www.youtube.com/watch?v=9HuicVJ_Fmc&list=PLhT3JJCz2x9rGXZ2NubuTZ1xFYxacUuw6

Dry Food Relief given by the College during Corona Outbreak





COVID Awareness Programme organized by the College









To The principal Rabindra Mahavidyalaya Champadanga, Hooghly Date: 11/09/2021 Sub: Seeking permission for monetary contribution to the female staff of college canteen during COVID outbreak Respected Sir, With due honour, the undersigned would like to inform you that understanding the dismal situation prevailing in this COVID period, the teachers' council has decided to extend philanthropical hand to the female staff of the canteen of our institution in the form of contributing Rs.6000/- monthly until the college reopens. Kindly grant our permission on humanitarian ground. Thanking you, Your Sincerely, Teachers' Council Rabindra Mahavidyalaya Champadanga, Hooghly Secretary > Teachers' Council Rabindra Mahavidyalaya Champadanga, Hooghly

Extending Philanthropical hand to Female Canteen Staff of the College during COVD outbreak

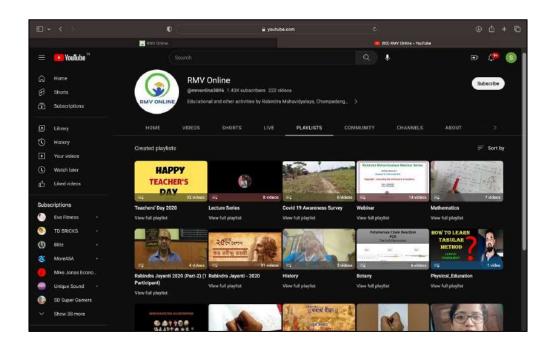




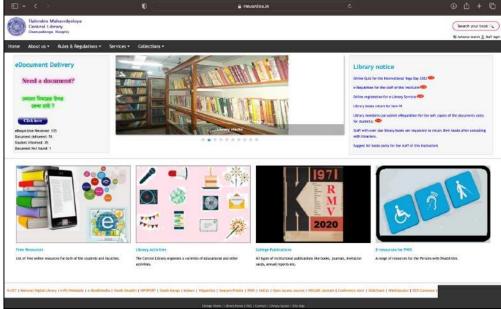
Name of the Programme	Introducing RMV Online Portal to facilitate the online study of students during COVID
Organizing Unit	Central Library and IT Sub Committee, Rabindra Mahavidyalaya
Date:	June 2020 onwards
Event category	A prototype model for integrated library services and online activities
Brief Report	An integrated system for library services from a single window was developed in as prototype model. This web based system integrated some services like paperless requisition, document delivery, tracking of class done, accessing TLMs etc. The system helped the users to access library a lot in 24 × 7 hours. It was almost the substitute of most the physical activities of this institution like online class, attendance system, feed system, notice, online library services such as e-requisition, e-document delivery, providing online books and journals, TLMs, User Orientation Programme. The Portal was a platform of cultural activities such as observation of Rabindra Jayanti, Teachers' Day, International Yoga Day, quiz competitions, online exhibitions and many more. A range of national and international webinars, lection series, workshops had been organized through this portal. YouTube Channel - 'RMV Online' under this platform also became a very popular media to those communities for pandemic pedagogy. The portal was just a single window of all educational, cultural and social activities during those crisis days. Activities included establishing You tube Channel (RMV Online), conducting International , National and State Level Webinar ,Workshop, Online Quiz Competition, Observation of Rabindra Jayanti, to motive students for online education as well as to become tech-savvy, Online exhibition on Death Anniversary of Rabindra Tagore, Technical support for 15 webinars, 1 seven-days workshop, 3 lectures etc. through online mode, WhatsApp Group for all the faculties and other staff, Initiation of e-Document delivery system through the portal, Arranging display of text books in the website (scanned pages), TMLs management in the Google Drive through the portal, Collecting and uploading e-books to TLM management system, Students' feedback system for each subject, Help to the departments (automatic notice system, uploading videos, class report generation etc.)















Name of the Programme	Webinar of COVID awareness among pupils
Organizing Unit	Department of Botany and IQAC, Rabindra Mahavidyalaya
Date:	June 26-27, 2020
Event category	Awareness Programme
Brief Report	The unpredicted and unexpected outbreak of the dreadful corona virus Covid-19 brought deep impact on the lives of almost all sections of the society worldwide. Our country was also badly hit and faced total lockdown in order to minimize the spread of the virus. Student life and academics came under a total stall. In an attempt to bring the students back into their academic life and also to make them aware of the happenings that were taking place worldwide, our department had organized a webinar with the following. Objectives: 1. To make the students and all participants aware of the situation and the probable cause of the dreadful pandemic. 2. To create awareness regarding minimization of the spread of virus and ways to educate the community. 3. To take preventive as well as therapeutic measures if infected. 4. To cater to the overall mental health of students as well as of the entire community. Outcome 1. Large number of participants enrolled in the program. 2. Huge positive feedback was obtained from participants belonging to different strata of society. 3. Request for organizing future program pertinent with the ongoing situation was also placed by large number of participants.







History of civilization has witnessed several pandemics since gres. All of them had their own socio-economic implications that led to the woes and sufferings of humankind. Yet again, history has repeated itself in the form of a novel Coronavirus, Covid-19 that has not only emerged as a catastrophic health emergency but has blatantly challenged all spheres of technological understandings and high throughput advancements across the globe. This disastrous situation caused by the attack of the invisible enemy Covid-19 is believed to have resemblance with that of previous World Wars, with every passing moment infecting numbers of life, causing fatality, arxiety, uncertainty and depression. Besides, novelty of Covid -19 has compelled the researchers of all countries to work round the clock for searching for immediate respite. Such pandemics are more than a health problem which brings about profound long lasting effect on the human psyche. Therefore, the crisis if not treated scientifically and sympothetically could lead to the retreat of entire divilization and culture. Hence, devising new stratagem and decoding new ways of mitigation, adaptation and resilience against Covid-19 is the need of the hour which again reminds us of Darwin's proposition of 'Survival of the fittest' instead of strongest. The present webinar aims at providing knowledge of the viral etiology, its behavior within host and the present progress in clinical research across the globe. In addition, it also hopes to rejuvenate our mental health and moral spirits that is extremely required to cope up with upcoming challenges while walking through the unprecedented global outbreak of Covid-19.

RABINDRA MAHAVIDYALAYA Webinar Series (no.- 4)

Two Days National Webinar

Walk through the Covid-19 Pandemic: viewing by the Lenses of Researchers and Commoners

Jointly organized by:

the Department of Botany and Internal Quality Assurance Cell (IQAC), Rabindra Mahavidyalaya (RMV)

Programme Details

Webinar Platform: YouTube Live

Anybody having a G-mail account can join this webinar (500+ participants, on a first-come, first-serve basis) till 25th June, 2020 at 4:00 P.M. Any information regarding webinar will be available in Telegram group (link in

https://t.me/joinchat/Q3d_jBt8h-GQ_oBh10IJOA

E-Certificate will be issued to only those participants who attend the entire program and submit the feedback form. Joining Telegram group is mandatory to get E-Certificate. The feedback link will be available after completing the Webinar on this group or registered email. Distribution of E-Certificates may take 7 days or



Registration link:

https://forms.gle/jXJDbSwpVE5j3PCR7

OR

https://www.rmvonline.in

Joining link: Joining link will be provided in Telegram group or in e-mail address

> Live on: https://www.rmvonline.in

> > No Registration Fees



Introductory Session Day-I **Inaugural Speech** June 26, 2020. 3:00 P.M. - 4::30 P.M. Resource Person Swami Kamalasthananda Dr. Priyanka Bhowmik Asst. Professor, Dept. of Microbiology Techno India University, West Bengal Principal,, Ramakrishna Mission Vivekananda Centenary College,

Day-II June 27, 2020. 3:00 P.M. - 4::30 P.M.

Resource



Topic: Epidemic or Pandemic: Management

Dr. Anirban Bhar Asst. Professor, Dept. of Botany (Post Graduate) Ramakrishna Mission Vivekananda Centenary College, W.B.

Topic: What we have learnt from COVID 19 pandemic: pragmatism over panic

Topic: The SARS-CoV-2 - An Excerpt

Dr. Gaurab Sircar

DBT-Welcome Trust India Alliance Fellow Dept. of Botany, Siksha Bhavana Visva-Bharati (A Central University), West Bengal

Topic: Combating the global pandemic Covid-19: jour-ney from Structural Biology to Vaccinology

Dr. Prasanta Bhattacharyya Principal, RMV

Introduction



Prof. Tanmov Bandyopadhyay Associate Professor, Coordinator, IQAC, RMV

Organising Team

loint Convener

Dr. Sumanti Gupta Dept. of Botany, RMV

Joint Convener



Mrs. Jayita Saha Dept. of Botany, RMV

Deputy Joint Convener



Mr. Swagato Mukherjee Botany, RMV



Contact

Mobile

09231541901, 09831942291, 09748080930

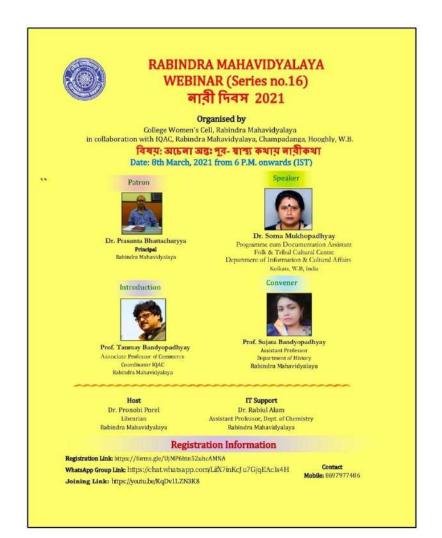
E-mail

rmv.botany@gmail.com





Name of the Programme	Webinar on Women Hygiene
Organizing Unit	Women's Cell
Date:	March 8, 2021
Event category	Awareness Programme
Brief Report	The topic of the Webinar was "Achena Antopur :Sasthya Kathay Narikotha "(Unknown Gaenaecium : Hygiene of Women). The main speaker of the webinar was Dr. Soma Mukhopadhyay, Programme cum Documentation Assistant, Folk and Tribal Cutural Centre, Department of Information and Cultural Affairs, Kolkata, W. B. India. Soma Madam critically discussed the condition of Indian women, their food habit, their treatment from nineteenth century to the present times. Principal, IQAC Coordinator, Women's Cell Convenor initiated the programme, Dr Papiya Dutta conducted the question-answer session.







Event Report Details

Session: 2019-20

Name of the Programme	Tree Plantation Programme
Organizing Unit	Nature's Club and NSS Unit
Date:	July 20, 2019 to July 26, 2019
Event category	Environmental awareness
Brief Report	Such programmes were conducted by the Nature's Club to foster the general awareness to uplift the quality of environment by means of active plantation, proper maintenance and preservation of trees, along with other vegetation. Students were divided in groups under NSS units and a week long programme (20.07.2019 -26.07.2019) was organised under the common platform of Nature's Club with NSS units.









Name of the Programme	Maintenance of Medicinal Garden and Other Trees
Organizing Unit	Nature's Club and NSS Unit
Date:	July 20, 2019 to July 26, 2019
Event category	Environmental awareness
Brief Report	Survey of the plants for their proper maintenance was carried out by Nature's Club team under the guidance of Mr. Bijoy Chakraborti (an eminent person of the locality who has express his suggestions). His knowledge about local flora and being a painter by profession, he has enriched the students to a great extent. Students collected different plants and planted them, cleaned the dropped litter and maintained the gardens within the college campus.









Name of the Programme	Eco Awareness Seminar
Organizing Unit	Nature's Club
Date:	August 1, 2019
Event category	Environmental awareness
Brief Report	Eco awareness seminars were organised by Nature's Club to instigate and imbibe the core values within the students. Seminars were conducted to celebrate the birthday of eminent environmentalists, such as Gopal Chandra Bhattacharyya on 01.08.2019.









Name of the Programme	Water Resource Management
Organizing Unit	Nature's Club
Date:	August 20, 2019
Event category	Environmental awareness
Brief Report	Preservation of water resources, avoid wastage, proper drainage
	and attainment of sustainable source of clean water were key
	themes of seminar 'JOL' organised by Nature's Club on 20.8.2019.
	The honourable speakers Dr. Rahuldeb Biswas and Dr. Debabrata
	Mazumdar gave a keynote message regarding the proper utilization
	of water as a resource.

RABINDRA MAHAVIDYALAYA, CHAMPADANGA

Dated: 08.08.2019

NOTICE

It is informed to all the concerned that Nature's Club is going to organize a seminar on water conservation.

Date	20.08.2019
Organizing Unit	Nature's Club, Rabindra Mahavidyalaya, Champadanga, Hooghly
Event	"JOL" (WATER)
Speakers	Dr. Rahuldeb Biswas Dr. Debabrata Majumdar
Venue	Room No. 06
Timings	12 noon - 3p.m
Participants	Students, Teachers and Non-Teaching Staff members of the College
Aim	Preservation and Protection of Our Natural Resources - Conserving water can help preserve our natural resources. - Implementation of water conservation - Education program discourages wasteful water use at all times. - Establish a sustainable source of clean water.









Name of the Programme	Distribution of cloths to marginal people
Organizing Unit	Nature's Club
Date:	September 30, 2019
Event category	Social outreach programme
Brief Report	Distributing clothes to the marginal people by Women's Cell of our institution demands a real credit. On September 30, 2019 five teachers, two non-teaching staff went to Tarakeswar Railway Station to distribute clothing and sanitary napkins to the women living in the adjacent slum. Instead of being an ageold as well as historic rail station, Tarakeswar Rail Station (8 km from college) carries a big slum in its vicinity, where every shadow of poverty is transparent. It is a duty to extend a generous hand to the slum dwellers by distributing clothes and sanitary napkins to them. Generating awareness and educating social as well life skill to the students was a motto of the programme that will surely help them to be a good human-being in near future.









Name of the Programme	Organizing Seminar 'Beti Bachao, Beti Padhao'
Organizing Unit	Women's Cell and NSS Unit
Date:	January 24, 2020
Event category	Awareness Programme
Brief Report	'BetiBachao, BetiPadhao' (BBBP) Schemewas launchedon 22nd
	January, 2015 to address the issue of decline in Child Sex Ratio in
	India along with concerned issues of girls' empowerment, over a
	life cycle continuum. As directed by the Government, the College
	conducted an awareness programme on the National Girl Child
	Day to promote equal opportunities in education, healthcare, and
	nutrition and also raising awareness of the injustices that girls face.
	The programme was held jointly with NSS units of the institution.



Name of the Programme	Dengue awareness and prevention programme
Organizing Unit	NSS Unit
Date:	March 3, 2020
Event category	Awareness Programme
Brief Report	This programme was held on 3 rd march 2020 at room no. 74 of our college. The aim of the programme was to build Awareness of Dengue and its preventive measures taken by the NSS volunteers. On this day NSS volunteers made a door to door campaign on awareness of dengue and preventive measures to be taken on the adopted villages under Champadanga Gram Panchayet, Tarakeswar, Hooghly. The volunteers took out cleaning drive by applying bleaching powder along with the sewer.

Rabindra Mahavidyalaya Champadanga Hooghly Action Taken Report Principal : Dr. Prasanta Bhattacharyya Programme Officers :- Dr. Vivekananda Meta (Unit-I) Dr. Atanu Das (Unit- II) Prof. Haripada Dhara (Unit-III) Programe :. Awareness of Dengue and Preventive Measures by NSS Volunteers of Rabindra Mahavidyalaya, Champadanga, Hooghly Date :- 03.03.2020 This programme was held on 03.03.2020 (Tuesday) at Room No. 74 of our College. The aim of the programme was to build Awareness of Dengue and its preventive measures taken by the NSS volunteers. On this day NSS Volunteers made a door to door campaign on awareness of dengue and preventive measures to be taken in the adopted villages such as Dhangpara, Sahachak and Sardarpara under Champadanga Gram Panchayet, Tarakeswar, Hooghly. The volunteers took out cleaning drive by applying bleaching powder along the sewer and by cleaning further the garbage and dirt. The bushes are also cut and the drains cleaned to prevent the birth and formation of mosquito larvae. Programme Officers Principal (Dr. Vevekananda Meta, Unit-I) 6 3 03 2026 (Dr. Atanu Das, Unit-II) AD 03 03 2026 Rabindra Mahavidyalaya Champadanga, Hooghly (Prof. Haripada Dhara, Unit-III)
Programme Officer
N.S.S.
Rabindra Mahavidyalaya
Champadanga, Hugil, W.B. Principal Rabindra Mahavidyalaya Champadanga - Hooghly





Event Report Details Session: 2018-19

Name of the Programme	Spreading awareness among the girl students of rural areas on the taboos around menstruation on the occasion of International Women's Day
Organizing Unit	Women's Cell
Date:	October, 10, 2018
Event category	Awareness Generating Programme
Brief Report	Members of Women's Cell motivated the girl students to break the various taboos about menstruation and not to feeling low for being women. She showed videos about Women's bravery. Dr. Papiya Dutta, member of the Cell delivered her speech and asked the girls not to keep silence about their problems.







Name of the Programme	Raising Slogan for joining hands for women's protection
Organizing Unit	Women's Cell
Date:	November 30, 2018
Event category	Awareness Generating Programme
Brief Report	The members of Women Cell delivered their experiences on
	torture against women in lower middle class to high society and
	told about some pathetic incidents. Prof. Ambalika Biswas of
	English Department and member of the Cell showed videos on
	various laws about preventing torture against women. Two girls
	discussed about their problems. One girl and one boy delivered
	motivational speech.







Name of the Programme	Preservation of Natural Resources and Conservation of Cultural/ Historical Heritage
Organizing Unit	NSS Unit
Date:	March 11, 2019 to March 17, 2019
Event category	Special Camp
Brief Report	NSS units of Rabindra Mahavidyalaya, Champadanga, Hooghly, organized a special camp in the adopted village, DhangPara, Sardarpara and SahaChak Under Champadanga Gram Panchayet, from 11.03.2019 to 17.03.2019. This special camp was organised with the help of Champadanga Gram Panchayat. The main project for this camp was based on, to make the village free from open defecation .The Volunteers of the NSS units performed many other activities – awareness programmes as literacy, tree plantation, health and hygiene, construction and repairs, etc.











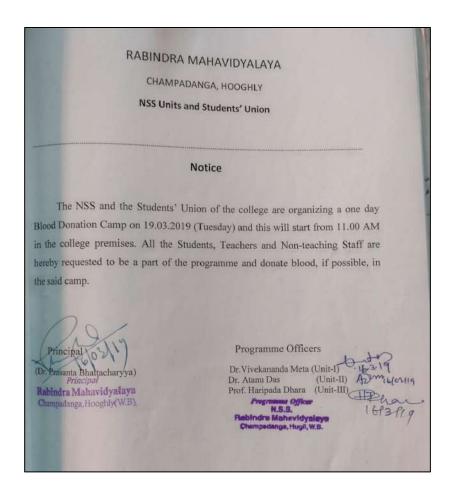








Name of the Programme	Blood Donation Camp
Organizing Unit	NSS Unit
Date:	March 19, 2019
Event category	Special Camp
Brief Report	A blood donation camp was organized by our NSS units in collaboration with the students union of the college on 19th march 2019 at college campus, through which more than 50 units of blood donated by both students and the staff members of our college. Our principal sir encouraged all the donors and he also thanked all the donors for the noble steps they have taken.







Name of the Programme	Philanthropical activities for female slum dewellers
Organizing Unit	Women's Cell
Date:	March 29, 2019
Event category	Social Outreach Programme
Brief Report	Under the supervision of Women's Cell Convenor Prof. Sujata
	Bandyopadhyay, followed by members Prof. Ambalika Biswas,
	Dr Papiya Dutta, and students of English and History department
	visited railway adjacent slum at Tarakeswar to distribute
	clothing, sanitary napkins, and soaps to female slum dewellers;
	and notebooks and crayons to slum children. Slum women
	confided in the members of the Cell about their everyday
	struggles.







Name of the Programme	Cleaning College Campus
Organizing Unit	Nature's Club
Date:	December 11, 2018
Event category	Environmental awareness
Brief Report	A group of students along with the teaching and non-teaching staff members under Nature's Club of College is formed to deal with the proper cleaning,.









Name of the Programme	Eco-drive by implanting saplings, sustaining medicinal plants within the medicinal garden
Organizing Unit	Nature's Club
Date:	December 12, 2018
Event category	Environmental awareness
Brief Report	A novel drive was taken by the students of Department of Botany to classify all the plants within the college campus, naming them within botanical nomenclature and to make it easy for common people to understand the scientific basis behind it. They also retrieved the local names of the plants and the medicinal use of those plants by common people in the rural area. Apart from this, students from other departments of the College have selected some plants and started the venture of nurturing and maintenance of the plant. The concept inculcate the feelings of love for nature.









